



START:
Saturday
9:00

Discovery Bay
km8
Water

Pak Mong
Km15
water
Electrolytes
Bananas/Orange

Pak Hung Au
Km24
drinks
Food
[16:00]

Chi Ma Wan
Km35
drinks
Food
[19:00]

Shap Long
Km45
water
Electrolytes
[21:00]

[Cut-off]